



LIVING WELL

Dedicated to impacting and improving the lives of those affected by Parkinson's disease

UNDERSTANDING THE IMPACT OF PARKINSON’S - AND HOW YOU CAN HELP

We made it through another Texas summer — hats off to us! But as the season changes, so does our focus. September marks the start of North Texas Giving Day (NTGD), when more than 3,000 local nonprofits join together to raise vital support for our communities. For DAPS, NTGD is more than just a date on the calendar — it’s a lifeline that fuels our mission.

The need is real, and it’s urgent. According to the Michael J. Fox Foundation, more than 72,000 Texans are living with Parkinson’s disease (PD). The average extra medical cost for an individual with PD on Medicare is \$24,000 each year. And Parkinson’s is now the fastest-growing neurological condition in the world.

When you understand the scope of the disease — the physical challenges, the emotional strain, the financial pressure — you begin to see why DAPS exists. Our no-cost programs are often the difference between isolation and connection, between decline and resilience. Through exercise and speech, noncontact boxing, Dance for PD®, support groups and educational programs, we give our neighbors with PD the tools and encouragement they need to live stronger, fuller lives.

Our goal for NTGD this year is \$30,000 — and every gift will go twice as far thanks to a generous couple offering a **\$5,000 matching challenge**. That means your donation will be doubled, amplifying your impact in the lives of North Texans facing PD.

I give every year because I see the resilience, hope, and courage in this community. I know firsthand that gifts of all sizes matter — and that together, we can lighten the heavy burden of PD.

Think local. Give local. And join me in making a difference.

Leisha Phipps, MSW
Executive Director



CLICK [HERE](#) TO GIVE.

SPOTLIGHT

JOHN DAVIS
New Board Member



My journey with Parkinson's disease began with my partner, Suzanne, who lived with the disease for many years. The challenges we faced together opened my eyes to the many different symptoms of Parkinson's and inspired me to dedicate my efforts to helping others affected by the disease. As someone deeply impacted by the experience, I am passionate about offering support and making a difference in the Parkinson's community.

I am a retired President of Davis Consulting, where I led a firm providing compensation consulting services to clients across the nation. My career also includes serving in the U.S. Navy, working as a Research Chemical Engineer, and teaching as a Professor of Mathematics and Statistics. Additionally, I have extensive experience as a Research Statistician.

Today, I enjoy staying active with hobbies such as dancing and bicycling, and I cherish the time I spend helping care for my triplet grandchildren after school. Through both my professional background and personal experience, I strive to contribute to the fight against Parkinson's disease in every way I can.

COMMUNITY CORNER

-SAVE *the* DATE-

FALL FUNDRAISER
AND SILENT AUCTION



Sunday
November 9



Chicken N Pickle
Allen, TX

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Nader Pouratian, MD, PhD
Dakota Schumacher, MD
Chad Swank, PhD
Aanchal Taneja, MD



KEEP LIVING WELL

Our Keep Living Symposium will be held on

[RSVP
HERE](#)

SATURDAY, OCTOBER 4, 2025
8:30 AM - 2:30 PM
Lovers Lane United Methodist Church
9200 Inwood Rd, Dallas, TX 75220

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SPEAKERS



RASHEDA EL-NAZER, M.D.
Board-certified Movement Disorders Specialist, Owner of Texas Movement Neurology.



BRADLEY McDANIELS, Ph.D., CRC
Assistant Professor and Rehabilitation Studies Program Coordinator at University of North Texas.



FREDERICK HITTI, M.D., Ph.D.
Assistant Professor in the Department of Neurological Surgery and the Department of Psychiatry at UT Southwestern Medical Center.



SUSAN STERLING, Ed.D.
Former Director of Education at the Cooper Institute, Principal Author & Creator of Move.Laugh.Connect., an exercise program specially designed for individuals with Parkinson’s disease.



DAKOTA SCHUMACHER, M.D.
Board-certified Movement Disorders Specialist at Texas Institute for Neurological Disorders (TIND).



JULIA WIECK, D.N.P., APRN, FNP-BC
Board-certified Nurse Practitioner in the Department of Neurology’s Movement Disorders clinic at UT Southwestern Medical Center.



BETH JACOBS, R.Ph.
Retired Registered Pharmacist and member of the DAPS Board of Directors.



LUISA LOPEZ, MT-BC
Board-certified Music Therapist at Moments Music Therapy.

SEPTEMBER EDUCATIONAL SERIES

Denton Educational Series

Friday, September 5 at 12:00 PM



Sponsored by:

Aanchal Taneja, M.D.

Movement Disorder Specialist, Texas Parkinson & Movement Disorders

TOPIC - Next is Now: Innovating Parkinson's Treatment with CREXONT

Dr. Taneja is a board-certified, fellowship-trained neurologist who specializes in movement disorders. As a specialized neurologist, Dr. Taneja's interests include effective methods in the management of Parkinson's disease.

[RSVP HERE](#)

Dallas Educational Series

Monday, September 8 at 11:00 AM



Sponsored by:

Juan Ramirez-Castaneda, M.D.

Movement Disorder Specialist, Methodist Physicians Neurosurgery and Neurology Specialists

TOPIC - A New Way to Help Achieve More Continuous Good On Time Each Day

Dr. Ramirez-Castaneda is a bilingual, board-certified Neurologist and Movement Disorder Specialist who practices with Methodist Physicians Neurosurgery and Neurology Specialists in San Antonio, Texas. He shares his expertise by serving on regional and national advisory boards that are focused on educating people with movement disorders.

[RSVP HERE](#)

McKinney Educational Series

Tuesday, September 16 at 11:30 AM



Sponsored by:

Jesse Baldwin

DBS Clinical Specialist, Neuromodulation

TOPIC - Living Your Best Life with DBS Therapy - The Abbott Difference

Jesse was born in West Texas and moved to DFW in 2013 to pursue his passion for neuroscience. He has earned a master's degree in neuroscience and obtained board certification in intraoperative neurophysiology. Jesse is deeply committed to advancing the neuromodulation field and improving patient's lives. Outside of caring for patients, Jesse enjoys golfing, spending time with his wife and dogs, and spending time with friends.

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Garland Educational Series

Thursday, September 25 at 11:30 AM



Sponsored by:

Jillian Boudreaux, BSN, RN

Neuroscience Account Executive

TOPIC - What is Vyalev & How It May Benefit You

With over 10 years' experience in specialty pharmaceuticals, as well as over a decade in critical care nursing. Jillian has been with Abbvie over 10 years in the neuroscience and immunology divisions. She is passionate about using her nursing and science background to support and educate patients with PD.

[RSVP HERE](#)

Duncanville Educational Series

Monday, September 29 at 11:30 AM



Sponsored by:

Aanchal Taneja, M.D.

Movement Disorder Specialist, Texas Parkinson & Movement Disorders

TOPIC - Next is Now: Innovating Parkinson's Treatment with CREXONT

Dr. Taneja is a board-certified, fellowship-trained neurologist who specializes in movement disorders. As a specialized neurologist, Dr. Taneja's interests include effective methods in the management of Parkinson's disease.

[RSVP HERE](#)

EXERCISE & SPEECH CLASSES

New to DAPS? Contact us at daps@daps.org or 972-620-7600

Monday

Wednesday

All In-Person Classes Canceled on Monday, Sept 1

9:30am	EXERCISE W/ BARB SOUTH GARLAND BAPTIST	10:00am	ZOOM EXERCISE W/ DIANA
10:00am	ZOOM EXERCISE W/ ANGIE	11:15am	SPEECH W/ LYNN (HYBRID) GRACE LUTHERAN CARROLLTON
10:30am	SPEECH W/ TAMI SOUTH GARLAND BAPTIST	12:15pm	EXERCISE W/ MARINA GRACE LUTHERAN CARROLLTON
12:30pm	DANCE FOR PD W/ DOMINGO WESTMINISTER PRESBYTERIAN	2:30pm	NONCONTACT BOXING W/ AMANDA PRESTON HOLLOW CHURCH
1:00pm	SPEECH W/ ROSY FIRST UMC DUNCANVILLE		
2:00pm	EXERCISE W/ JONATHAN FIRST UMC DUNCANVILLE		

Tuesday

Thursday

9:15am	ZOOM EXERCISE W/ BARB	9:30am	EXERCISE & VOICE W/ BARB SOUTH GARLAND BAPTIST
10:15am	EXERCISE W/ AMANDA ST. MICHAEL MCKINNEY <i>Class canceled on Sept. 2</i>	9:45am	EXERCISE W/ ERIKA SETON FAITH FORMATION CENTER
10:30am	EXERCISE W/ BARB PRESTON HOLLOW CHURCH	10:30am	EXERCISE W/ BARB SOUTH GARLAND BAPTIST
11:30am	SPEECH W/ LYNN (HYBRID) PRESTON HOLLOW CHURCH	12:30pm	EXERCISE W/ BARB SEMONES YMCA
12:30pm	EXERCISE W/ BARB & AMANDA (ALTERNATE) SEMONES YMCA	2:00pm	EXERCISE W/ JONATHAN FIRST UMC DUNCANVILLE
1:00pm	ZOOM SPEECH W/ PAT		

Friday

10:00am	ZOOM EXERCISE W/ ANGIE	11:00am	SPEECH W/ TAMI ST. MICHAEL MCKINNEY
10:00am	EXERCISE W/ AMANDA ST. MICHAEL MCKINNEY		

Zoom Meeting IDs

	EXERCISE W/ ANGIE Meeting ID: 556-087-4938	SPEECH W/ LYNN Meeting ID: 783-578-3790	NUTRITION W/ FAYE Meeting ID: 556-087-4938
	EXERCISE W/ BARB Meeting ID: 556-087-4938	SPEECH W/ PAT Meeting ID: 740-850-5274	SUPPORT GROUP W/ GAIL Meeting ID: 556-087-4938
	EXERCISE W/ DIANA Meeting ID: 556-087-4938	EXERCISE W/ TAMMY Meeting ID: 556-087-4938	 PASSWORD LOUD

SUPPORT GROUPS

New to DAPS? Contact us at daps@daps.org or 972-620-7600

Monday		Thursday	
10:00am	PARKINSON'S SUPPORT PRESTON HOLLOW CHURCH Monday, September 8	10:30am	CARE PARTNER SUPPORT W/ ZEE SOUTH GARLAND BAPTIST Weekly
10:00am	CARE PARTNER SUPPORT PRESTON HOLLOW CHURCH Monday, September 8	1:00pm	PARKINSON'S SUPPORT W/ ANGELA FIRST UMC DUNCANVILLE Thursday, September 4
1:00pm	CARE PARTNER SUPPORT W/ ANGELA FIRST UMC DUNCANVILLE Monday, September 8 Monday, September 22		
Tuesday		Friday	
10:30am	ZOOM PARKINSON'S SUPPORT W/ GAIL Tuesday, September 2	11:00am	ZOOM CARE PARTNER SUPPORT W/ GAIL Friday, September 5
		11:00am	CARE PARTNER SUPPORT W/ GAIL ST. MICHAEL MCKINNEY Friday, September 19

Locations		
CARROLLTON Grace Lutheran 1200 E Hebron Parkway 972.492.4474	DALLAS Westminster Presbyterian 8200 Devonshire Drive 214.351.3251	DUNCANVILLE First UMC 427 Avenue C 972.298.6121
DALLAS Preston Hollow Church 6315 Walnut Hill Lane 214.363.4393	DENTON Denton Senior Center 509 N Bell Ave 940.349.8720	GARLAND South Garland Baptist 1330 E Centerville Road 972.271.5428
DALLAS Semones YMCA 4332 Northaven Road 214.357.8431	PLANO* Seton Faith Formation Center 3100 W Spring Creek Pkwy 972.596.5505	MCKINNEY* St. Michael the Archangel 411 Paula Road 972.542.4667

*Click [here](#) for detailed instructions on where to park/enter.

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Memorials

In Memory of Walter J. Kyle
Jack and Susan Hawkins

In Memory of Rex Franklin Stovall
Shiela Stovall

In Memory of Edward James McAllister
Tom and Jeanne Burns
Edward M. Burns family
Anita McAllister
John Rapier

Honorariums

In Honor of Coleman, Ian, and April McAllister
Tom and Jeanne Burns



NORTH TEXAS
GIVING DAY
COMMUNITIES FOUNDATION of TEXAS



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GEM



Give Every Month
at any level that
fits your budget

DAPS has recently transitioned to a new credit card processing system to enhance security.

To continue your generous monthly support without interruption, please update your payment details by clicking [here](#), or feel free to call our office.

Thank you for being a vital part of the DAPS community!

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